

Clearblue[®] PLUS

with **COLOUR CHANGE TIP**

Pregnancy Test

- Clearblue[®] PLUS is over 99% accurate from the day of your expected period.
- Clearblue[®] PLUS can be used from 5 days before your missed period. Please read this leaflet carefully before doing a test.

Before you begin

You may find it helpful to have a watch or clock with you when doing the test.

1 DOING A TEST

If testing from the day of your expected period, you can test at any time of the day. If testing before the day of your expected period, use the first urine of the day.

When you are ready to test, remove the test stick from the foil wrapper and take off the blue cap. Use the test stick straight away.

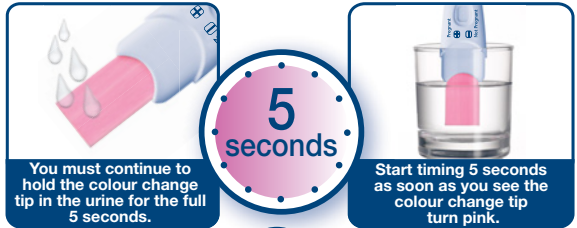
TEST IN YOUR URINE

You can test directly in your urine stream, **or** in a sample of your urine collected in a clean, dry container.

- Hold the colour change tip pointing downwards in either your urine stream, **or** in your collected urine sample, as shown, for the full **5 seconds**.
- The colour change tip will instantly turn pink showing that urine is being absorbed.



You must continue to hold the colour change tip in the urine for the full **5 seconds**.



Urine stream

OR

Collected sample

- Keep the colour change tip pointing downwards or lay the test stick flat until you are ready to read the result and a blue line has appeared in the control window.
- You may wish to replace the cap.

Refer to **question 7** if the colour change tip has not turned completely pink.

2

3
minutes

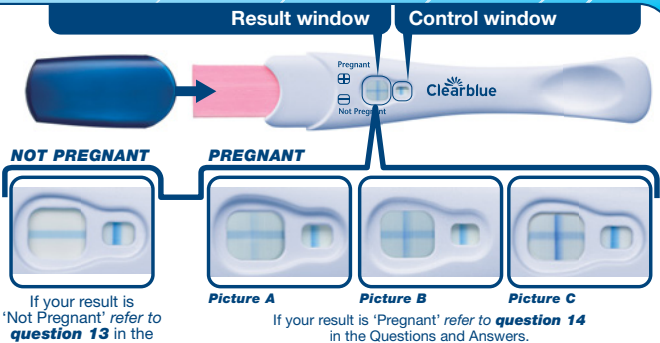
WAIT 3 MINUTES. As the test begins to work you will see blue line(s) start to develop.

3 READING YOUR RESULT

You can read your result in the result window.

A blue line must be present in the control window when you read your result. This line shows that the test has worked.

A 'Pregnant' result may appear in 1 minute when testing from the day you miss your period (which is the day after your period was expected but did not come). You should wait the full 3 minutes to confirm a 'Not Pregnant' result or when testing before you have missed your period (refer to **question 11**). If no blue line appears in the control window within **10 minutes** the test has not worked (refer to **question 8**).



NOT PREGNANT

PREGNANT

If your result is 'Not Pregnant' refer to **question 13** in the Questions and Answers.

If your result is 'Pregnant' refer to **question 14** in the Questions and Answers.

It does not matter if one of the lines that make up the '+' symbol is lighter or darker than the other; the result is 'Pregnant'.

IMPORTANT! Read your result within **10 minutes** of doing a test. Disregard any changes to your result after this time. If you are still unsure of your result refer to **question 9** for full details.

Questions and Answers

- How accurate is Clearblue PLUS?**
Clearblue[®] PLUS is more than 99% accurate in laboratory tests, when used from the day of your expected period.
- How does Clearblue[®] PLUS work?**
When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). The amount of hCG in your body increases in the early stages of pregnancy. Clearblue[®] PLUS can detect tiny amounts of this hormone in your urine (the sensitivity of this test is 25mIU/ml).
- When can I test with Clearblue[®] PLUS?**
Clearblue[®] PLUS can be used up to 5 days before your missed period (which is 4 days before your expected period). If you test before your period is expected and get a 'Not Pregnant' result, there is still a chance that you may be pregnant. See the chart below for results from clinical testing of Clearblue[®] PLUS with early pregnancy samples.

Testing Early

Number of days before the expected period	% of samples from pregnant women giving a 'Pregnant' result
-1	98 %
-2	97 %
-3	88 %
-4	56 %

- Do I have to use an early morning urine sample?**
If you are testing before your expected period, we recommend you test with your first urine of the day. Otherwise you can test any time of the day. Avoid excessive fluid intake before testing.
- I am not sure when my next period is expected. How do I know I am testing at the right time?**
To work out when your period is expected, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.
 - If you have irregular cycles, you should allow for your longest cycle in recent months before testing.
 - If you have no idea when your period is expected, we recommend testing not less than 19 days after the last time you had unprotected sex.
 - If the result is 'Not Pregnant', and pregnancy is still suspected, refer to question 13.
- Can any medication or medical conditions affect the result?**
 - Always read manufacturers' instructions for any medication you are taking before conducting a test.
 - Fertility drugs containing hCG can give misleading results (these fertility drugs are usually given by injection, and testing too soon after administration may give a false 'Pregnant' result).
 - Other fertility therapies (such as clomiphene citrate), painkillers and hormonal contraceptives (e.g. contraceptive pill) should not affect the result.
 - If you have recently stopped using hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
 - If you have recently been pregnant (even if not carried to full term) you may get a false 'Pregnant' result.
 - Ectopic pregnancy, ovarian cysts, menopause and some very rare medical conditions can give misleading results.
 - If you have a 'Pregnant' result it is possible that you later find that you are not pregnant due to natural loss of the pregnancy which can occur in the early stages.
- If you do get unexpected results you should discuss them with your doctor.
- I have used the pregnancy test but the colour change tip has not turned completely pink. What should I do?**
If the colour change tip has not turned completely pink you may not have applied enough urine. However, if the blue line in the control window

appears within 10 minutes of performing the test then the test has worked. If no blue line appears in the control window within 10 minutes of performing the test, refer to **question 8**.

- I have used the pregnancy test but no blue line has appeared in the control window. What should I do?**
If there is no blue line in the control window within 10 minutes of performing the test, then the test has not worked. This may be because:
 - The colour change tip was not kept pointing downwards or the test stick was not laid flat after urine was applied.
 - Too much or too little urine was used. You must sample for 5 seconds. You should test again, using a new test stick, taking care to follow the instructions. You may wish to collect a sample of your urine in a clean, dry container and immerse only the colour change tip for 5 seconds.
 - What if I am unsure of my result?**
 - For your result to be 'Pregnant' there must be a blue line in the control window and a '+' symbol in the result window within 10 minutes of performing the test.
- The appearance of the '+' symbol in the result window may vary, however, the lines that make up the '+' symbol and the line in the control window should be of a similar width (see pictures A-C).

Picture A

This denotes a 'Pregnant' result. This is more likely when you are testing before the day of your expected period when your hCG levels may be relatively low.

Picture B

This is not unusual when you are pregnant and you are testing on or around the day of your expected period as your hCG levels may still be relatively low.

Picture C

This is more likely to occur when you are pregnant and you are testing more than a few days after the day of your expected period as hCG levels are higher. If you are still unsure of your result, you should wait at least 3 days before testing again, taking care to follow instructions.

- For your result to be 'Not Pregnant' there must be a blue line in the control window and a '-' (minus) symbol in the result window within 10 minutes of performing the test. If your result is 'Not Pregnant' and pregnancy is still suspected, refer to **question 13**.
- What might affect the accuracy of the result?**
If you are testing earlier than the day of your expected period then the accuracy of Clearblue[®] PLUS will be lower. If you don't sample your urine for the correct amount of time, then you may not get a reliable result. However, as long as you see a blue line in the control window within 10 minutes of performing the test you may rely on the result. If you repeatedly get unexpected results you should check with your doctor. Also refer to **question 6**.
 - When can I read the result?**
A 'Pregnant' result may appear in as fast as 1 minute when testing from the day you miss your period (which is the day after your period was expected but did not come). Make sure a blue line is also present in the control window before reading your result. You **must** wait 3 minutes to confirm a 'Not Pregnant' result, or when testing before you expect your period. If no blue line appears in the control window within **10 minutes** the test has not worked (refer to **question 8**).
 - How long will the result last?**
The result can be read any time from 3 to 10 minutes. After 10 minutes any change in your result should be disregarded.
 - My test says I'm 'Not Pregnant'. What should I do?**
You may not be pregnant, or the level of pregnancy hormone may not be high enough yet to be detected, or you may have miscalculated the day your period was expected.
 - If you tested early, test again when your period is expected.
 - If your period is overdue, test again in 3 days time. If this test gives you a 'Not Pregnant' result and you still have not had your period, see your doctor.
 - My test says I'm 'Pregnant'. What should I do?**
If your test says you are pregnant you should see your doctor who can advise you on what steps you should take next.



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Free from landlines, mobiles may be charged. All calls are recorded and may be monitored for quality purposes. Please be ready to quote the **LOT** number.

IVD	In vitro diagnostic medical device	LOT	Batch code		Do not re-use
	Temperature limit 2°C - 30°C (36°F - 86°F)		Use-by date		Manufacturer

SPD Swiss Precision Diagnostics GmbH (SPD), Route de St Georges 47, 1213 Petit-Lancy, Geneva, Switzerland.

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Australian Sponsor: Emergo Australia, Level 20, Tower II, Darling Park, 201 Sussex Street, Sydney, NSW 2000, Australia.

For next steps, information and general advice relating to issues of pregnancy, visit our website at:

www.clearblue.com

This device is for home use.

Not for internal use.

Store at room temperature.

Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated

Keep out of the reach of children.
For in vitro diagnostic use only.

Discard with normal household waste.

Do not use if the foil wrapper is damaged.

Do not use a test stick that has passed its expiry date.

